

All Day Breakfast

Fresh Fruit Smoothie \$5

- with low-fat yogurt \$6

- with Soygurt \$7

Granola Goodness

- with fresh fruit \$5

- with yogurt & fresh fruit \$6.95

- with Soygurt & fruit \$7.95

Egg & Cheese Griller

- On a Bagel \$4

- Spelt or Gluten Free Toast \$5

Spelt or Riceflour Toast \$2.25

- with hummus, cucumber
and tomato \$3.50

Bagel

- with Butter \$1.25

- with cheese \$2.25

- Gluten Free Add \$1

Honey and Granola Toast \$5

Perfect Grilled Cheese Sandwich

- On Multigrain or Rye \$4

- Spelt or Gluten Free Toast \$5

- Triple-decker \$5.50

BLT – Bagel or Croissant \$4

- On Multigrain Toast \$4

- Spelt or Gluten Free Toast \$5

Scrambled Egg & Cheese Wrap \$3

- with bacon \$4

- bacon, egg and cheese \$4.50

Breakfast Panini

-w/ fried eggs, ham & cheese \$6.95

Western Wrap \$5

Western Vegetarian Wrap \$5

BIG BREAKFAST WRAP

A selection of western, western
vegetarian and scrambled egg
and cheese \$10

Warm & Cold Beverages

(available with soy milk, rice milk, and lactose-free milk)

Premium Coffee & Tea \$2.50

Decadent Hot Chocolate \$4

Tranquil Chai Latte \$4 \$5

Caffe Americain \$3 \$4

Caffe Latte \$4 \$5

Iced Cappuccino \$4

Granitas \$4

Bottled Juices \$2.50

Canned Pop \$1.50

Organic Sodas \$2

Soy Chiller \$3

Bottled Water \$2

Iced Tea / Coffee \$2

Iced Chai Latte \$4

Café Next Door

feel-good food

Open 7 days

For Delivery

Call Us @ 416.469.1971



790 Broadview Ave. Toronto, ON M4K 2p7

“Wholesome Weekend Brunch”

“Anti-Oxidant Rich Acai, Pomegranate & Blueberry Granita”

“Organic & Fair Trade Coffee”

“Wheat and Gluten Free Sandwich Choices”

“Brown Rice Bowls – Hearty and Nutritious”

“Crispiest Quesadilla on the block”

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Gluten Free Wholesome Salads

Fibre and Protein Salad - baby greens with marinated tofu, tangy chickpeas, curried lentils and Tandoori potatoes \$10

Atkinian Salad - baby greens with grilled chicken, scrambled eggs, roast turkey & mozzarella with herb vinaigrette \$11

Garden Tuna Salad - baby greens with seasoned tuna, tomatoes, peppers, cucumbers with house vinaigrette \$9

Delicious Sides

\$4.95 each • \$3.95 with a sandwich

Daily Soup

Unsweetened Fruit Salad

Tandoori Potatoes

Cajun Chicken Pasta

Tangy Chickpeas

Hearty Multigrain Salad

Sesame-Greens & Glass Noodles

Daily Rice Bowl

(served on a bed of gluten free brown rice with a side of greens)

Medley of Fresh Vegetables \$8.95

With Marinated Tofu \$9.95

With Roasted Chicken Breast \$10.95

With Grilled Salmon \$11.95

Add a Soup for \$2.99

Sumptuous Sandwiches

(Served with a side of greens – Add a soup for \$2.99)

Gorgonzola and Smoked Meat Melt with Scrambled Eggs \$10.99

Spelt Bruschetta with warmed goat cheese \$10.99

Dairy Free Tuna Wrap with peppers, tomatoes and mixed greens \$7.99

Portobello Mushroom Melt with Asiago cheese \$10.99

Triple Decker Grilled Cheese \$7.50

Apple, Pear and Cinnamon Toast with Gorgonzola melt \$10.99

Chicken Salad Wrap with dill and cheddar \$7.99

Crispy Quesadillas with house salsa & sour cream. Choice of Egg, Veggie or Chicken \$10.99

Roast Turkey Club with aioli, tomatoes, Greens, bacon & mozzarella \$10.99

Gluten Free Chicken and Hummus on toasted Brown Rice Bread \$8.99

Herb Roast Chicken Wrap with aioli, tomatoes, Greens & cheddar \$8.99

Wholewheat California Wrap - salsa, hummus, avocado, cucumbers, sprouts \$8.99

Bombay Chicken Panini with spicy sauce, portobellos, tomatoes & Greens \$8.99

Cakes & Treats

Cakes, Cheesecakes, Flans, Fresh Fruits, Gluten Free & Vegan Desserts

Caramel Pecan Flan

Chocolate Cake – Blackout/Vegan/Gluten-Free

Carrot Cake – Creamy/Vegan/Gluten-Free

Hazelnut Cappuccino Cheesecake

White Chocolate Blueberry Cheesecake

\$5